

# VEGAN & VEGETARIAN MENU

## LUNCH

<b>Soup of the Day</b> .....	€6.50
Jasper's Homemade Brown Bread ( <i>contains 1-wheat,6,7,9</i> ) V, V+, GF+	
<b>Superfood Salad</b> .....	€10.00
Cracked Bulgar Wheat, Beetroot Hummus, Roast Chickpeas, Gem Lettuce, Tomato, Roast Red Pepper & Walnut Dip ( <i>contains 1-wheat,6,8,10,12</i> ) V, Vegan	
<b>Meadowfield Farm Goats Cheese</b> .....	€10.00
Peppery Rocket, Tomato & Relish on Grilled Sourdough ( <i>contains 1-wheat,6,7,9,10,12</i> ) V	
<b>Caesar Salad</b> .....	€12.90
Baby Gem Lettuce, Crouton, Parmesan Reggiano, Creamy Garlic Dressing ( <i>contains 1-wheat,3,6,10,12</i> ) V, GF+	
<b>Spiced Vegan Burger in Pitta</b> .....	€16.00
Lebanese-style, Tomato, Cucumber & Red Onion Salad, Lime Tahini, Pomegranate Molasses Dressing & Fries ( <i>contains 1-wheat,6,10,12</i> ) Vegan	
<b>Vegan Steak &amp; Onion Open Sandwich</b> .....	€17.00
Pepper Sauce, Grilled Sourdough & Fries ( <i>contains 1-wheat,6,7,9,12</i> ) GF+	

## PASTRIES

Warm Raspberry Frangipane Tart, Vanilla Ice Cream (*contains 6,8-almond*) €9

Vegan Chocolate Hazelnut Brownie (*contains 1-wheat,6,8*) €4

V = vegetarian V+ = can be made vegan  
GF = gluten free GF+ = can be made gluten free



# VEGAN MENU

## APPETISERS

- Grilled peach, caramelised walnuts, crouton, Gorse Farm organic leaf salad & Eamon Creane's Wexford raspberry vinaigrette (1-wheat,8,10,12) GF..... **€11.50**
- Cream Soup of the evening (6,7,9) GF ..... **€7.50**
- Jackfruit bon bons, sriracha peanut garlic sauce & Asian beansprout salad (5,6,10,11) GF ..... **€11.50**
- Beetroot Hummus, coconut yogurt, fattoush, fig, olives & khobez bread, pomegranate molasses dressing, lemon tahini, dukkah (1-wheat,6,8-pistachio,almond,hazelnut,10) **€12.50**
- Chimmichurri tofu, mango & pineapple salsa, miso & coriander pesto (2,3,6,10,12) GF ..... **€11.50**

## SIGNATURE DISHES

- Grilled vegan chicken, Orzo pasta, Codd's chestnut mushrooms & sage cream sauce (contains 1-wheat,6,9) ..... **€24**
- Grilled tofu, potato & pea hash, pea puree & burnt leeks (contains 6) GF ..... **€24**
- Grilled vegan steak, smoked cauliflower puree, fine beans, tomato & herb sauce (6,9) GF ..... **€24**
- Shiitake, portobello & giant oyster mushroom risotto, spinach & truffle oil (6) (vegan) GF ..... **€24**

## DESSERT

- Red berry sorbet & summer fruit GF ..... **€9.50**
- Bakewell frangipane tart, vanilla ice cream (contains 6, 8-almond,12) GF ..... **€9.50**
- Lemon mousse cake, lemon gel (contains 1-wheat,6,8-almond) ..... **€9.50**

